

# First Aid Kit Monthly Inspection Checklist

Workplace Safety and Insurance Act -Regulation 1101-Section 10 Kit

Contents	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
1 current edition of a standard St. John Ambulance First Aid Manual												
24 safety pins on a card												
1 basin, preferably stainless steel												
48 adhesive dressings, individually wrapped												
2 rolls of adhesive tape, 1 inch wide,												
12 rolls of 1-inch gauze bandage,												
48 sterile gauze pads, 3 inches square												
8 rolls of 2-inch gauze bandage												
6 sterile surgical pads suitable for pressure dressings, individually wrapped												
12 triangular bandages												
splints of assorted sizes												
2 rolls of splint padding												
1 content list / inventory												
<b>Recommended Additions Below</b>												
1 CPR resuscitation barrier device, with one-way												

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## Workplace Safety and Insurance Act -Regulation 1101-Section 10 Kit

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valve												
4 pairs of examination gloves, disposable, medical grade, one-size, non-latex, powder free												
1 biohazard waste disposal bag, single use												
1 bandage scissors, stainless steel (with angled, blunt tip) minimum 14 cm												
1 splinter forceps/tweezers, fine point, stainless steel, minimum 11.4 cm												
1 2.3 m adhesive tape, 2.5 cm												
6 antibiotic ointment, topical, single use												
6 hand/skin cleansing towelette, individually wrapped (or equivalent)												
1 emergency blanket, aluminized, non-stretch polyester, minimum 132 x 213 cm												

The above items are required to be in your kit. Items that have fallen below the required minimum amounts must be replenished following the monthly count.